

Eastham Recreation & Beach Department
Registration Information
Date: Saturday, June 20, 2015
Time: 9:00am until 12:00pm

Swimming Lessons, Swim Team, Junior Lifeguard and Paddle Board registration will be held at Wiley Park (Herringbrook Road).

For all other programs, please register at the Eastham Recreation & Beach Office (Route 6).

- ~ Payment must be made the day of registration. We accept checks (made payable to "Town of Eastham") or cash payments.
- ~ No refunds after the first class/session.
- ~ Some of our programs have limited space. Programs are filled on a first come, first served basis. We do not "hold" spots.
- ~ We reserve the right to cancel classes due to low enrollment.
- ~ Non-residents of Eastham may register for programs beginning June 30. An additional \$5.00 fee for all programs, except the Summer Recreation Program is an additional \$20.00. Please contact the Recreation Department directly.
- ~ Fees charged for programs help cover the cost of materials, pay instructors and defray other costs associated with the program.

Please feel free to contact the department with any questions!

(508) 240~5974

recreation@eastham-ma.gov

Thank you and Happy Summer!

Registration form available on last page.

Summer Recreation Program

Program runs from Wednesday, July 1 - Wednesday, August 12.

Meets Monday - Friday, 9:00am - 12:00pm at

Nauset Regional High School

(No session Friday, July 3.)

Grades: Kindergarten - 6th Grade and 5 year olds!

To register a 5-year old child, contact the Recreation Department directly.

Full program: July 1 - August 12, \$120

Session 1: July 1 - July 22, \$70

Session 2: July 23 - August 12, \$70

One Week: Any one week, \$40

***Registration for 2nd Session will be Thursday, July 16 at NRHS

(Eastham Summer Rec Program) from 9:00am - 12:00pm.

Weekly field trips will be offered for an additional fee per trip.

Children should dress for outdoor activities! Lunch is included in the fee!

***Limited Registration.

Recreation-Leader-In-Training

Program is designed for individuals, ages 13 - 17, who are interested in becoming better leaders. 12 year olds, may be accepted, with an interview

RLT's will work with and be evaluated by the staff at the

Summer Recreation Program. Fee is \$100.00 for the

full program or \$55.00 for one session.

Must complete the R-L-T application, be accepted into

the program and attend a mandatory orientation class.

Swimming Lessons

Additional registrations held every Monday,

8:30am - 9:00am, June 22 thru August 3 at Wiley Park.

Ages: 2 - 13 years old. Fee is \$40.00 per swimmer.

Lessons run from July 1 - August 12, 2015, Monday - Friday,

9:00am - 12:00pm. Class times will be set after registration.

(There will be no swimming lessons on Friday, July 3.)

Lifeguards start on Saturday, June 27 at the pond. Stop by and

talk to them for additional swim lesson information!

Swim Team

Fee is \$40.00 per swimmer. Ages: 10 thru 16 years old.

Begins July 7 and ends August 8, 2015.

Meets Tuesday & Thursday 12:00pm - 1:00pm and

Saturday 9:00am - 10:00am at Wiley Park.

Paddle Board

Join us, along with Pump House Surf Shop at Great Pond!
Come alone or sign-up the whole family for our stand-up paddle board clinics.
We can all paddle together and have a blast!
Mondays and Wednesdays, July 6 through August 12 from 10:00am - 11:00am.
Fee is \$40.00 per participant per day.
Must be at least 8 years old and able to swim.
Maximum of 10 Participants.
Additional registrations and information available at
Pump House Surf Shop, (508) 240~2226.

Pick-up Beach Volleyball

Bring a team or join one at the beach!
Tuesdays July 7, 14, 21 and 28 from 5:00pm until 6:00pm.
Location: First Encounter Beach
No fee! Must be 10 years of age or older.

Beach Checkers and Chess

Test you skills on our giant board!
Mondays July 6, 13, 20 and 27 from 5:00pm until 6:00pm.
Location: First Encounter Beach
No fee! Fun for all ages!

Karaoke!

Tuesday, July 21
Karaoke and Ice Skate!
Charles Moore Arena, 7pm - 9pm
\$10.00 or \$5.00 if you wear your Eastham Recreation t-shirt!

Thursday, August 20
Kids Karaoke on the Windmill Green! The fun starts at 6pm!
Bring your beach chairs and blankets and listen to the kids belt out
their favorite songs!

Tug-of-War Night!

2nd Annual Tug-of-War!
Bring a team or form one at the beach!
Thursday, July 30th at First Encounter Beach at 6pm!
Bring your muscle!

Waterways Bike Ride!

5.5 mile bicycle ride from First Encounter Beach to Nauset Light Beach.

Celebrate Cape Cod Smart Transportation Week!

Enjoy a scenic bike ride from bay to ocean and celebrate all the natural beauty of Eastham in between!

Registration at 10am ~ Ride begins at 10:30am

No fee! All ages welcome.

Helmets required, no training wheels.

Junior Lifeguard Program

Increase your self-confidence, physical condition and water awareness through an introduction to water safety, first-aid and rescue techniques. Develop "skills for life" in a fun and safe aquatic environment!

Thursdays, July 9 thru August 13,

6:30am - 8:00am for ages 12 through 16.

Mandatory pre-test on the first day.

Main location for the program will be Wiley Park.

The program may include classroom time and off-site days.

The fee for the 6-week program is \$55.00/participant.

Softball Clinics

Learn to play or enhance your skills!

Focus on fundamentals and proper mechanics of the game!

Meets Saturday mornings, July 25 - August 15.

Time: 9am - 11am

Location: Field of Dreams

Grades: 3 thru 6

Fee: \$10.00 per player

Use Nature As Your Guide - DCR Program

The Recreation Department is again participating in this great program!

We have a ParksPass which entitles the bearer to free parking for one vehicle at over 50 parks in Massachusetts.

Visit a MA state park this summer!

Please call our sticker office at (508) 240-5976 to make arrangements to use the pass.

**This is a "1st edition" of our summer programs - please check back - more to come!!!
Registration Form on Next Page!!!**

Summer 2015 Registration Form
Please complete and bring to registration

Participant's Name: _____

Address: _____

Best phone number to contact you: _____

Participant's Date of Birth: _____ Age: _____ Grade (2014-15 yr.): _____

Parent/Guardian: _____ Phone: _____

Emergency Contact: _____ Phone: _____

Allergies/Medical Concerns: _____

Do you have medical insurance? (Please circle one) Yes No

Is the participant currently capable of swimming on his/her own without the use of a personal flotation device? (Please circle one) Yes No

Full Summer Rec \$120 _____
First Session Rec \$70 _____
Second Session Rec \$70 _____
One Week of Rec \$40 _____
R-L-T (full program) \$100 _____
R-L-T (one session) \$55 _____
Swim Lesson \$40 _____

Swim Team \$40 _____
Paddle Board \$40 _____
Junior Lifeguard \$55 _____
Softball Clinics \$10 _____
Karaoke & Skate \$10 _____
Non-Resident \$5 _____
Non-Resident \$20 (Rec only) _____

I, the undersigned, understand that there is an inherent risk in recreational programs and the range of injury can be minor to severe. I also understand and accept that in case of injury, the Town of Eastham is responsible only for First Aid treatment. I understand that participation in recreation programs requires all participants/spectators to behave in a sportsmanlike manner.

Media Release: Pictures/video taken in connection with these programs may be used for promotional purposes for the Town of Eastham.

Please circle one: I agree I disagree

Parent/Guardian Signature

Date